A Lady of the Lake medley from Maine, where the LOTL dance is most "at home" is Billy The Barber/Jimmy’s Favorite. These tunes are from Maine musician John Gawlor at 1990 LOTL music/dance camp at Lake Couer d’Alene, ID. The first tune appears in English tune books as "Lady of the Lake".

In the "B" part the lower notes are the tune; the upper ones are an extra-energy variation (not a harmony). We play it **for** the dancers once they nail the timing, the essence of which is

Finish the action in B2 in time to B&S neighbor top of A1 right on time, then

Inactives deliver up the actives right on time to B&S each other, top of A2 right on time.

The whole dance is about those timings, and thus, how "hitting the phrase, all together" is the core of contra dancing. It is a teaching dance, as well as being a state dance of Maine.

Medleys:

Scotsbroome 1987-2001, and Pleasures of Home ca 1994-2005, Grey Owl 2005-08: this medley

Small Pleasures 2000-present: these two / Yankee Dancers (A)